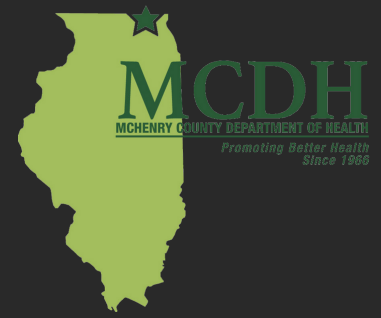


# PPE: WHEN AND WHERE TO WEAR



## MASKS:

### Do's:

- Use 1 mask per day
- Make sure it covers your mouth and nose
- If soiled (wet or containing saliva) change to a clean mask
- Remove using ear loops/bands

### Don'ts:

- Avoid touching the outside of your mask
- Don't use multiple masks in one day

### Tips:

- Wash cloth masks after each use
- Continue to maintain a 6 foot social distance

## GLOVES:

### Do's:

- Wear when treating a patient or caring for someone who is sick
- Wear when cleaning or disinfecting your workspace or home

### Don'ts:

- Avoid wearing when completing normal work activities
- Limit cross-contamination by not wearing gloves when grocery shopping or running errands

